

Komen Missouri PO Box 31483 – Des Peres, MO 63131 314.644.5400 Info@komenmissouri.org

Local Breast Cancer Screening, Education, & Navigation 2020-2021 Grant Award Recipients

Uninsured or underinsured individuals may be able to receive a free mammogram at one of these locations, all of which are Komen Missouri grant recipients.

Susan G. Komen is committed to providing screenings, education and assistance. Please go to <u>www.komen.org</u> for resources on a variety of topics.

Garnes-Jewish Hospital

Breast Health Care for At-Risk Communities

- If a woman has insurance, call the Breast Health Center at 314-454-7500 to schedule an appointment.
- If a woman does not have insurance, contact: Nedra Bramlett-Stevenson, Marilyn Huffman, or Keri Hyatt, Breast Care Navigators at 314-454-8466
- To schedule a mammogram van, call 314-747-7222 or 1-800-600-3606.
- <u>http://www.siteman.wustl.edu</u>

Gateway to Hope

Treatment Navigation for Low-Income Individuals with Breast Cancer

- Provide financial and navigation support during treatment
- <u>314-569-1113</u>
- <u>https://www.gthstl.org</u>

Mercy Hospital Foundation St. Louis

Breast Cancer Screening and Education Program at Mercy East Communities

- If a woman has insurance call the Breast Center at 314-251-6300 to schedule an appointment.
- If a woman does not have insurance, contact Jennifer Stumpf at 314-251-6400.
- http://www.mercy.net/stlouismo

Missouri Baptist Medical Center

The MBMC Breast HealthCare Center Reaching the Underserved

- Contact Theresa Taylor, Outreach Coordinator for women with or without insurance, and for van schedule at 314-996-7585 or 314-956-9829 (cell).
- <u>http://www.breasthealthcarecenter.org</u>

SSM Health Foundation – St. Louis

SSM Health Breast Care

- If a woman has health insurance, contact the Scheduling Department at 636-949-9600.
- If a woman does not have health insurance, contact Adrian Winheim, patient navigator, at 636-496-2804.
- <u>http://www.ssmhealth.com/</u>

For other SMHW locations in MO:

Show Me Healthy Women Program (SMHW) Missouri Department of Health and Senior Services Telephone: 573-522-2845 <u>Note:</u> A list of all SMHW providers is available at: <u>http://health.mo.gov/living/healthcondiseases/chronic/showmehealthywomen/providerlists.php</u>

ILLINOIS

For other IBCCP locations in IL:

Illinois Breast and Cervical Cancer Program Office of Women's Health Services, IL Department of Public Health For women with or without insurance, call the Illinois Department of Public Health's Women's Health-Line at 1-888-522-1282 or TTY at 1-800-547-0466

<u>Note</u>: A list of IBCCP agencies is available at <u>http://cancerscreening.illinois.gov</u>.

Mammograms - East Missouri Action Agency – Park Hills -573-431-5191 (Missy)

Mammograms – East Missouri Action Agency – Cape Girardeau – 573-334-2516 (Donna)

Mammograms – St. Francis Medical Center – SEMO – provided by Dig for Life – 573-331-5209

Breast Cancer Support Resources

| Type of Assistance | Organization |
|---|--|
| Nutrition Support | Food Outreach http://foodoutreach.org/ 314.652.3663 Food Outreach provides nutritional support to men, women and children living with HIV/AIDS or cancer. |
| Financial Assistance, Treatment Assistance | Barnard Health and Cancer Information Center, https://siteman.wustl.edu/visiting/barnard-health-cancer-information-center/316.362.7844 A resource to Siteman cancer patients that educates individuals on a range of topics, from coping with chemotherapy to finding parking on campus, provides a peaceful rest area for families and patients, and distributes resources such as nutritional supplements and head coverings. The Pink Daisy Project, https://www.pinkdaisyproject.com/need-help.html A national organization that helps by providing financial assistance through giftcards for groceries, restaurants and gas. Help Hope Live, https://helphopelive.org/about/mission-values/ A national organization that helps pay for a wide range of expenses, including out-of-pocket costs for: medication, durable medical equipment, home health care, wheelchair-accessibility modification, physical therapy, innovative treatments, medical travel and temporary relocation. The Pink Fund www.pinkfund.org 877.234.PINK (7465) The Pink Fund provides 90-day non-medical cost-of-living expenses on behalf of breast cancer patients in active treatment for breast cancer, so they can focus on healing, raising their families, and returning to the workplace. |

| Support groups | Cancer Support Community of Greater St. Louis, <u>http://www.cancersupportstl.org/</u> 314.238.2000 |
|-------------------|--|
| | The CSC offers support groups for those diagnosed with cancer, family members, and those |
| | who've lost loved ones to cancer. |
| | Pink Link, https://pinklink.org |
| | An online support community where breast cancer survivors can come together to find sisterhood, knowledge, and empowerment. |
| | Rethink Breast Cancer, https://rethinkbreastcancer.com/living-with-breast-cancer/breast-cancer- resources/ |
| | A network that focuses specifically on younger women living with breast cancer. |
| Bras & Breast | The Breakfast Club, <u>http://breakfastclub-stl.org/</u> Contact: Eloise Crayton (eloisec@sbcglobal.net) or Sherrill Jackson |
| Forms, Support | (sherrilljackson@sbcglobal.net), 314.972.8883 The Breakfast Club is an African-American support group that provides many programs. They |
| group | provide bras and breast prostheses to women who've had mastectomies. |
| | No Woman Left Behind, <u>http://www.nwlb.org</u> |
| | 314.878.4144 Providing women recoving from the effects of breast cancer and without other resources, free |
| | breast prosthesis, surgical bras, and other related products. |
| Additional | Pink Ribbon Girls |
| Support | 877.269.5367 |
| Services | www.pinkribbongirls.com |
| | Pink Ribbon Girls provides Healthy Meals, Housecleaning, Rides to Treatment, and Peer Support to individuals with breast and gynecological cancers free of charge. Valeda's Hope , <u>https://valedashope.org</u> |
| | 314.607.7799 |
| | Donates recliners to women who have had a double mastectomy. |
| | Good Wishes, http://www.goodwishesscarves.org |
| | 888.778.5998 |
| | Provides free head wraps and scarves to anyone experiencing the thinning or loss of hair as a result of illness or treatment. |
| | Tata Sisterhood Foundation, https://tatasisterhood.org/about/ |
| | Helps women from suffering from Triple Negative Breast Cancer by providing care packages, financial support, and other resources and support services. |

Additional Resources (NOT specific to Breast Cancer) can be found on the Siteman Survivor Resource Guide: <u>https://siteman.wustl.edu/wp-content/uploads/2015/10/YWBCP-SURVIVOR-RESOURCE-GUIDE-AUG-18.pdf</u>

Other Assistance

Prescription and transportation assistance, medical supplies: St. Louis Peregrine Society, <u>http://peregrinesoc.org/</u>, Contact 314-781-6775 or stlpscun@hotmail.com.

Financial assistance (Resource list of national organizations that provide copay and prescription assistance and more): <u>http://www.cancercare.org/get_help/assistance/tips_assist.php</u> ("Financial Help for People with Cancer" document) & <u>http://www.cancer.net/patient/All+About+Cancer/Newly+Diagnosed/Financial+Resources</u>.

House cleaning: <u>http://www.cleaningforareason.org/</u>, offers free professional house cleaning and maid services for women undergoing treatment for cancer.