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**Local Breast Cancer Screening, Education, & Navigation**

**2019-2020 Grant Award Recipients**

Uninsured or underinsured individuals may be able to receive a free mammogram at one of these locations, all of which are Komen Missouri grant recipients.

**City of St. Louis**

* **Barnes-Jewish Hospital**

*Breast Health Care for at Risk Communities*

* If a woman has insurance, call the Breast Health Center at 314-454-7500 to schedule an appointment.
* If a woman does not have insurance, contact: Nedra Bramlett-Stevenson, Marilyn Huffman, or Keri Hyatt, Breast Care Navigators at 314-454-8466
* To schedule a mammogram van, call 314-747-7222 or 1-800-600-3606.
* <http://www.siteman.wustl.edu/>

**St. Louis County**

* **Mercy Hospital St. Louis**

*Breast Cancer Screening and Education Program*

* If a woman has insurance call the Breast Center at 314-251-6300 to schedule an appointment.
* If a woman does not have insurance, contact Jennifer Stumpf at 314-251-6400.
* <http://www.mercy.net/stlouismo>
* **Missouri Baptist Medical Center**

*The MBMC Breast HealthCare Center Reaching the Underserved*

* Contact Theresa Taylor, Outreach Coordinator for women with or without insurance, and for van schedule at 314-996-7585 or 314-956-9829 (cell).
* <http://www.breasthealthcarecenter.org/>
* **SSM St. Clare Health Center**

*Empowering & Engaging Women*

* If a woman has health insurance, contact 636-496-2650 to make an appointment.
* If a woman does not have insurance, contact Adrian Winheim, patient navigator, at 636-496-2804.
* <http://www.ssmhc.com/>
* **SSM St. Mary's Health Center**

*Empowering & Engaging Women*

* If a woman has insurance, call 314-768-8353 to schedule an appointment.
* If a woman does not have insurance, contact Adrian Winheim, patient navigator, at 636-496-2804.
* <http://www.ssmhc.com/>

**SSM DePaul Health Center**

*Empowering & Engaging Women*

* If a woman has health insurance, call 314-739-0924 to schedule an appointment.
* If a woman does not have health insurance, contact Adrian Winheim, patient navigator, at 636-496-2804.
* <http://www.ssmhc.com/>

**St. Charles County**

* **SSM St. Joseph (multiple locations)**

*Empowering & Engaging Women*

* If a woman has health insurance, contact the Scheduling Department at 636-949-9600.
* If a woman does not have health insurance, contact Adrian Winheim, patient navigator, at 636-496-2804.
* <http://www.ssmhc.com/>

**Mid-Missouri**

* **Missouri Baptist Medical Center**

*Breast Health Awareness & Screening for Women in Rural Southeastern Missouri*

* Contact Theresa Taylor, Outreach Coordinator for women with or without insurance, and for van schedule at 314-996-7585 or 314-956-9829 (cell).
* <http://www.breasthealthcarecenter.org/>

**For other SMHW locations in MO:**

Show Me Healthy Women Program (SMHW)

Missouri Department of Health and Senior Services

Telephone: 573-522-2845

*Note:* A list of all SMHW providers is available at: <http://health.mo.gov/living/healthcondiseases/chronic/showmehealthywomen/providerlists.php>

**ILLINOIS**

* **Southern Illinois Healthcare Foundation**

*Start Now: Breast Cancer Awareness Services*

* Mammograms done at Touchette Regional Hospital in East St. Louis.
* Contact Patient Navigators: Tamica Handy/618-332-6125; Daquiti Shabazz/618-332-6127, or Nereyda Vargas/618-332-6128.
* <http://www.touchette.org/start-now.htm>

**For other IBCCP locations in IL:**

Illinois Breast and Cervical Cancer Program

Office of Women’s Health Services, IL Department of Public Health

For women with or without insurance, call the Illinois Department of Public Health’s Women’s Health-Line at 1-888-522-1282 or TTY at 1-800-547-0466

*Note:*A list of IBCCP agencies is available at <http://cancerscreening.illinois.gov>.

**Breast Cancer Support Resources**

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| **Type of Assistance** | **Organization** |
| Nutrition Support | **Food Outreach** <http://foodoutreach.org/>  314.652.3663  Food Outreach provides nutritional support to men, women and children living with HIV/AIDS or cancer. |
| Financial Assistance, Treatment Assistance | **Gateway to Hope**, <http://www.gthstl.org/>  314.569.1113  Gateway to Hope helps secure financial assistance for individuals in need diagnosed with or at high risk for developing breast cancer.  **Barnard Health and Cancer Information Center**, <https://siteman.wustl.edu/visiting/barnard-health-cancer-information-center/>  316.362.7844  A resource to Siteman cancer patients that educates individuals on a range of topics, from coping with chemotherapy to finding parking on campus, provides a peaceful rest area for families and patients, and distributes resources such as nutritional supplements and head coverings.  **The Pink Daisy Project**, <https://www.pinkdaisyproject.com/need-help.html>  A national organization that helps by providing financial assistance through giftcards for groceries, restaurants and gas.  **Help Hope Live**, https://helphopelive.org/about/mission-values/  A national organization that helps pay for a wide range of expenses, including out-of-pocket costs for: medication, durable medical equipment, home health care, wheelchair-accessibility modification, physical therapy, innovative treatments, medical travel and temporary relocation. |
| Support groups | **Cancer Support Community of Greater St. Louis**, <http://www.cancersupportstl.org/>  314.238.2000  The CSC offers support groups for those diagnosed with cancer, family members, and those who’ve lost loved ones to cancer.  **Pink Link**, <https://pinklink.org>  An online support community where breast cancer survivors can come together to find sisterhood, knowledge, and empowerment.  **Rethink Breast Cancer**, <https://rethinkbreastcancer.com/living-with-breast-cancer/breast-cancer-resources/>  A network that focuses specifically on younger women living with breast cancer. |
| Bras & Breast Forms,  Support group | **The Breakfast Club**, <http://breakfastclub-stl.org/>  Contact: Eloise Crayton (eloisec@sbcglobal.net) or Sherrill Jackson ([sherrilljackson@sbcglobal.net](mailto:sherrilljackson@sbcglobal.net)), 314.972.8883  The Breakfast Club is an African-American support group that provides many programs. They provide bras and breast prostheses to women who’ve had mastectomies.  **No Woman Left Behind**, <http://www.nwlb.org>  314.878.4144  Providing women recoving from the effects of breast cancer and without other resources, free breast prosthesis, surgical bras, and other related products. |
| Additional Support Services | **Valdea’s Hope**, <https://valedashope.org>  314.607.7799  Donates recliners to women who have had a double mastectomy.  **Good Wishes**, <http://www.goodwishesscarves.org>  888.778.5998  Provides free head wraps and scarves to anyone experiencing the thinning or loss of hair as a result of illness or treatment.  **Tata Sisterhood Foundation**, <https://tatasisterhood.org/about/>  Helps women from suffering from Triple Negative Breast Cancer by providing care packages, financial support, and other resources and support services. |

**Additional Resources (NOT specific to Breast Cancer) can be found on the Siteman Survivor Resource Guide:** <https://siteman.wustl.edu/wp-content/uploads/2015/10/YWBCP-SURVIVOR-RESOURCE-GUIDE-AUG-18.pdf>

**Other Assistance**

**Prescription and transportation assistance, medical supplies:** St. Louis Peregrine Society, <http://peregrinesoc.org/>, Contact 314-781-6775 or [stlpscun@hotmail.com](mailto:stlpscun@hotmail.com).

**Financial assistance (Resource list of national organizations that provide copay and prescription assistance and more)**: <http://www.cancercare.org/get_help/assistance/tips_assist.php> (“Financial Help for People with Cancer” document) & <http://www.cancer.net/patient/All+About+Cancer/Newly+Diagnosed/Financial+Resources>.

**House cleaning**: <http://www.cleaningforareason.org/>, offers free professional house cleaning and maid services for women undergoing treatment for cancer.

Mammograms - East Missouri Action Agency – Park Hills -573-431-5191 (Missy)

Mammograms – East Missouri Action Agency – Cape Girardeau – 573-334-2516 (Donna)

Mammograms – St. Francis Medical Center) – SEMO – provided by Dig for Life – 573-331-5209